



# Are you ready for your lung health check?



- ✓ Are you aged between 55-74?
- ✓ Are you a smoker or ex-smoker?

You may be invited for a lung health check, please wait for your invitation. If you are experiencing breathing problems or a cough that is not going away please contact your GP practice.

**Visit [lunghealthcheckaware.co.uk](https://lunghealthcheckaware.co.uk) for more information**

# The lung health check process



## Step one

A health care professional will call you to discuss your breathing, overall lung health, lifestyle and family and medical history.

## Step two

You may be offered a lung scan to check if your lungs are healthy. If problems with your breathing or lungs are found but you do not require a scan, you may be referred to your GP practice.

## Step three

If you require a scan you will be invited to our mobile CT scanner, which is a computer that takes a detailed picture of your lungs. The scan is quick, easy and painless.

**If any treatment is needed, it is more effective if started as soon as possible.**

## What are the symptoms of lung cancer?

There are usually no signs or symptoms in the early stages of lung cancer, but many people with the condition eventually develop symptoms including:

- A persistent cough or change in your normal cough
- Unexplained tiredness or weight loss
- An ache or pain when breathing or coughing
- Coughing up blood
- Being short of breath
- Appetite loss

**If you notice one or more of these symptoms, contact your GP practice as soon as possible.**

Visit [lunghealthcheckaware.co.uk](https://lunghealthcheckaware.co.uk) for more information and audio in different languages.

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