



# Are you ready for your lung health check?

- ✓ Are you aged between 55-74?
- ✓ Are you a smoker or ex-smoker?

If so you may be invited to a lung health check. Await your invitation or speak to your GP practice receptionist to find out more.

Visit [lunghealthcheckaware.co.uk](https://lunghealthcheckaware.co.uk) for more information

# The lung health check process



# 1

## Step one

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You will have a phone call or meeting with a health professional to discuss your breathing, overall lung health, lifestyle and family and medical history.

# 2

## Step two

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You may be offered a lung scan to check if your lungs are in working order. If problems with your breathing or lungs are found but you do not require a scan, the health professional may refer you on to your GP or another specialist. The health professional may find nothing further to look into, which means that no further checks are needed.

# 3

## Step three

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You will be invited to have a quick scan of your lungs. Our mobile CT scanner will visit your local area, so you won't need to travel far or go to hospital.

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for more information**

